

YAH NEWS

Stockton | Billingham | Thornaby | Grangefield | Eaglescliffe

New Group: Young Onset Dementia

We have a new activity group for people living with Young Onset Dementia and their carers. 'The Young Ones' meet every Monday afternoon from 2pm until 3pm at LiveWell Hub, Thorntree Road, Thornaby.

Memory: Joan Carter

In March we said a final goodbye to our friend, Joan Carter, who attended the Billingham Activity Group on Monday afternoons.

Her family chose YAH as beneficiaries of donations collected at the funeral and we would like to thank them for the donation of £350 received in Joan's memory.

Carers Talks

Julie Thornton will be visiting from Tees Valley Rural Action to talk about their community transport scheme. We hope to be able to work with them in the future to help people living with dementia access transport to our groups.

May 13th - Stockton, Billingham

May 14th - Thornaby

Co-op Community Fund



Since 28th October 2018, Co-op Members who have chosen to support us with their 1% have raised £301.19 to date.

There are thousands of pounds still available from the Co-op members community - please ask friends to support us by going to:

<https://membership.coop.co.uk/causes/25085>

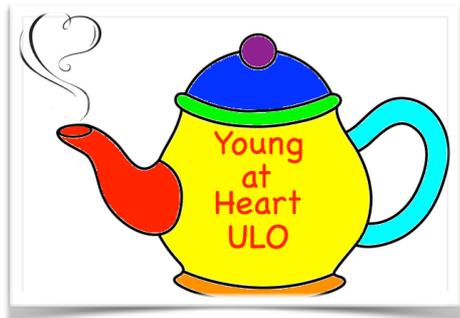
Project Advisory Group

Myfolks is a digital platform enabling people who need support to be put in touch with a small number of vetted, educated and briefed Myfolks Supporters who are willing to provide support in an ethical and compassionate way. Project Advisory Group members are required to attend no more than 3 meetings in Newcastle, for which travel expenses and small incentives will be offered.

Please contact Catherine Butcher for info:

by phone: 0191 208 1130

or email: Catherine.Butcher@newcastle.ac.uk



Session Details

Join Young At Heart ULO and In Our Shoes Carers Support Group at any or all of the sessions detailed below:

- St John's Church, Durham Road, Stockton
Monday's, 10am - 11:30am
- St Cuthbert's Church Hall, Billingham
Monday's, 1pm - 2:30pm
- LiveWell Hub, Thorntree Road, Thornaby (**Young Onset**)
Monday's 2pm - 3pm
- LiveWell Hub, Thorntree Road, Thornaby
Tuesday's, 2pm - 3:30pm
- Grays Road Institute, Grangefield
Wednesday's, 12:30pm - 2pm
- Egglecliffe Community Centre, Egglecliffe
Thursday's, 1:15pm - 2:45pm

£2 per person

Circus Skills

Join us in Billingham for circus skills on Monday 20th May.

Musical Memories

Join us in Thornaby for our monthly Singing Circle on Friday 24th May from 10:30am-12 noon.

Afternoon Tea Event



You are invited to attend an afternoon tea event on Wednesday 29th May, 1pm - 3pm at Vision25 CIC, Ground Floor, Richard House, Sorbonne Close, Teesdale Business Park, TS17 6DA. Entertainment will be provided by Vintage Vocalist, Yvonne Slater.

Book your place by May 17th by paying just £2 per person.

CONSULTATION: New Activities in Billingham

Thanks to funding from Tees Valley Community Foundation and our work with Billingham Environmental Links Programme, we may shortly be able to offer Tai Chi and Musical Memories in Billingham after our existing sessions on a Monday afternoon.

We have also received a donation from Billingham Legacy Foundation to set up a monthly 'Magic Moment Dementia Cafe' in Billingham, but we need to know what day and time would suit you best, as we would like to make it accessible to as many people as possible.

Please check your diaries, complete the attached weekly availability sheet, and return them to one of the Young At Heart ULO team members as soon as possible.

Thank you!